



LOUISIANA EMERGENCY PREPAREDNESS

A dramatic photograph of a stormy sky with dark, heavy clouds and a bright light source, possibly the sun, breaking through the clouds. Below the sky, a road stretches into the distance, flanked by green fields and some trees. The overall mood is one of urgency and danger.

ARE YOU PREPARED ?

HURRICANE SEASON RUNS FROM JUNE 1ST THROUGH NOVEMBER 30TH

DISASTER. It can strike anytime, anywhere. A disaster can happen in many forms, such as a hurricane, flood, fire, tornado, or hazardous spill. Some disasters build over days or weeks. Some hit suddenly without warning. Every year many people face a disaster. Hurricane season runs from June 1st through November 30th. The time for you to prepare is now. Are you ready? At www.2theadvocate.net we target to help people be knowledgeable about the hazards of hurricanes, tropical storms, high winds, storm surge, flooding, and more. As a start, Louisiana residents should have the supplies on hand to weather any storm, have a plan, and staying informed.

Preventing the loss of life and minimizing the damage to property from disasters are responsibilities that are shared by everyone. Any time you are asked to evacuate, you should do so immediately. It is important for you and your family to have a plan that makes you as safe as possible.

VISIT WWW.2THEADVOCATE.NET/LOUISIANA_EMERGENCY_PREPAREDNESS.PHP TO BE PREPARED. GET THE LATEST NEWS IN LOUISIANA AT WWW.2THEADVOCATE.NET

EMERGENCY PREPAREDNESS CHECKLIST

Emergency Supplies:

- ☐ Fill Vehicle with Fuel
- ☐ 3-day Supply of Water (1 gallon per person per day)
- ☐ 3-day Supply of Food (Suggested items including: canned meats, canned or dried fruits, canned vegetables, canned juice, peanut butter, jelly, salt-free crackers, energy/protein bars, trail mix/nuts, dry cereal, cookies or other comfort food)
- ☐ Can Opener
- ☐ Flashlight(s)
- ☐ Battery-powered Radio (Preferably a weather radio)
- ☐ Extra batteries
- ☐ First-aid Kit (Including latex gloves; sterile dressings; soap/cleaning agent; antibiotic ointment; burn ointment; adhesive bandages in small, medium & large sizes; eye wash; thermometer; aspirin/pain reliever; anti-diarrhea tablets; antacids; laxatives; small scissors; tweezers; & petroleum jelly)
- ☐ Small Fire Extinguisher
- ☐ Whistles for Each Person
- ☐ Seven-day Supply of Medications
- ☐ Vitamins
- ☐ Multipurpose Tool (w/ pliers & screwdriver)
- ☐ Cell Phones & Chargers
- ☐ Contact Information for the Family
- ☐ Sleeping Bag(s)
- ☐ Extra Cash
- ☐ Silver Foil Emergency Blanket
- ☐ Map
- ☐ Wet Wipes
- ☐ Camera (Take pictures before & after storm)
- ☐ Insect Repellent
- ☐ Rain Gear
- ☐ Supplies to Secure Home
- ☐ Plastic Sheeting
- ☐ Duct Tape
- ☐ Dust Masks
- ☐ Extra Set of House Keys
- ☐ Extra Set of Car Keys
- ☐ Emergency Ladder (To evacuate the second floor)
- ☐ Household Bleach
- ☐ Paper Cups
- ☐ Paper Plates
- ☐ Paper Towels
- ☐ Disposable Eating Utensils
- ☐ Ice Chest
- ☐ Activities for Children
- ☐ Charcoal & Matches
(For portable grill, but only use it outside)
- ☐ Any Items Needed for the Elderly
- ☐ _____

Basic Baby Supplies:

- ☐ Food / Milk / Formula
- ☐ Disposable Bottles / Disposable Liners
- ☐ Clothes
- ☐ Diapers
- ☐ Baby Wipes
- ☐ Blankets, Sheets & Bed Liners
- ☐ Medication(s) (for at least 7 days)
- ☐ Portable Crib
- ☐ Toys

Basic Pet Supplies:

- ☐ Pet First Aid Kit
- ☐ Medication, Shot(s), Vet Records
- ☐ Extra Blanket for Each Pet
- ☐ Food, Treats
- ☐ Food Bowl
- ☐ Paper & Clean-up Supplies
- ☐ 1 Gallon of Water & Bowl
- ☐ Pet Bed
- ☐ Toys
- ☐ Plastic Bags (for clean up)
- ☐ Secure Pet Carrier(s)
- ☐ Newspaper for Lining
- ☐ Collar / Tags / Leashes

Personal Information:

- ☐ Drivers License / Identification
- ☐ Social Security Card
- ☐ Passport
- ☐ Birth Certificate
- ☐ Marriage Records
- ☐ Death Records
- ☐ Will(s)
- ☐ Insurance Policies
- ☐ Medical Records
- ☐ Checking & Savings Account Information
- ☐ Back-up of PC
- ☐ Household Inventory (best to take pictures or video)

Cleanup Supplies:

- ☐ Bleach / Disinfectants
- ☐ Mops & Brooms
- ☐ Rubber Gloves
- ☐ Large Plastic Trash Bags
- ☐ Washing Detergents

